My Dearest Friend, Mentor, Colleague, Sister and Mother, Tricia,

Though I feel somewhat lost without you here in the physical, I know you are where you need to be now. You have been an integral part not only of my professional tai chi life, but intricately Important as part of my personal life— you are family. All the guidance and love you have shared with me will saturate my being until my end and beyond. I am so grateful that we connected this lifetime. As we both have stated, we feel we have known each other in many other lifetimes. This journey here has been enhanced with you in it. You will forever be missed.

Tai Chi Health, Tai Chi Fundamentals and every person who has crossed paths with us in courses, classes and trainings, owes you so much that will never be repaid. I know that you continued to work through so many trials and pain because you felt the world needed this, never concerning yourself with compensation for your time, energy or spirit. I remember reminding you that you deserved more, many times, and you just kept offering yourself without a thought. You truly are a saint in my book.

I trust the path your spirit is on will continue to support us here so that we fully honor your work and continue to make you proud. I pray we will continue to fulfill your dreams of bringing Tai Chi Fundamentals® to everyone who would benefit from this amazing system of Tai Chi.

In gratitude and love for everything you have meant to me,
your tai chi sister,

Pat

Patricia Corrigan Culotti, CTI, MTF

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1. Tricia and me at the last TCF Instructor's Retreat we lead together. 2016 Dekoven Center, Racine.

2. Tricia teaching participants attending the 2016 Retreat where we rolled out the TCF Adapted Program.

3. Kristi Rietz, Tricia, Pat, Kristi Hallisy; part of the TCF Adapted Program team. The Kristi's and the Patricia's! Thanks to these women, we have flourished!

4. Tricia and me at 2012 TCF Instructor retreat at Dekoven