

Winter/Spring T'ai Chi Ch'uan 2024 classes

## Wauwatosa Rec Dept classes (n/c Mar 25 & Apr 1)

Monday eves (In person & Zoom?) Jan 15 to April 15, 2024

Beginners at 6pm OR Continuing at 7pm

Registration through:

Wauwatosa Rec Department Website

For info call: 414-773-2900 or www.tosarec.com

# Enhancing Balance classes at Dreams Life & Wellness Center —

Wednesdays: (n/c March 27 & April 3)

Jan 17 to April 17, 2024 9am to 10am or 10:30 We may Join CMC forum at 10 am for Correction

## Dreams: FREE Tai Chi TRY-IT

9:00 am to 10:00 am Dec. 13, 2023. Or 9:00 to 9:30am Jan 17. 2024 Please contact us

pat@EnhancingBalance.com

web site for more info: www.EnhancingBalance.com

**Instructor** pat@enhancingbalance.com

Pat Corrigan Culotti has been teaching T'ai Chi Ch'uan since 1981 and has been studying extensively with world renowned instructors since 1977. She has been formally certified by Michael Milewski of the T'ai Chi Ch'uan Center of Milwaukee, Grand Masters William C. C. Chen and Benjamin Lo.

### class locations

Wauwatosa West High School Mondays 11400 W. Center Street in Wauwatosa

#### Dreams Life & Wellness Center Wed am

732 Clinton Street in Waukesha

## registration fee for Dreams Only Wednesday

\$165.00 for 12 week session

\$150.00 if paid one week in advance

## make check payable to

Pat C. Culotti (a \$20 processing fee will be charged for returned checks) no refunds Sword is considered if enough interest (\$TBD)

#### Or send funds via Venmo

@Patricia-CorriganCulotti
Here is a link if you are using the app:
https://venmo.com/code?

nttps://venmo.com/code? user\_id=2691984695230464451

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name:	
address:	
city:	zip:
Home/cell	work/cell
email:	

**please circle:** Wed. 9:00 -10:00 am Beginner 9:00 am to 10:30 Correction

## All Wednesday Morning classes are at Dreams

General Liability Release—Informed Consent (Signature Required for Processing)

I desire to participate voluntarily in the T'ai Chi Ch'uan Classes. I agree to assume the risk of participating in the T'ai Chi classes and hold harmless the instructors, assistants, Dreams Life & Wellness Center, G-Form fitness & Enhancing Balance and their Board of Directors from any and all claims, suits, losses, or related causes actions or damages, including but not limited to, such claims that may result from my injury or death, accidental or otherwise, during or arising in any way from the T'ai Chi Ch'uan instructional program. In signing this form, I affirm that I have read this form and agree to the terms described above.

signature: date:

if mailed, send by 5 days prior start to: Enhancing Balance 4595A Turtle Creek Dr. Brookfield, WI 53005